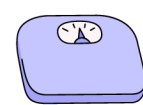




Healthy Kids

Formerly known as the Extended Care Program, Friends of Barnabas (FOB) provides care to **290 children** whose medical needs go beyond what their parents can provide.



Every Patient Received a Scale

Parents can now accurately track their child's weight over time, allowing our Healthy Kids staff to adjust medications, dietary plans, and make other health decisions with more accurate, consistent, and long-term data.



45

New Patient
Admissions

A Story Behind the Stats

When Fernanda was born, she had neonatal asphyxia and multiple seizures. With therapy and medicine, Fernanda's condition is now stable.



“Little by little, we are moving forward, holding the hand of God. Fernanda has managed to challenge many obstacles and now Friends of Barnabas supports us in many areas with education, medicines, therapy, food, and more.”

As a family we are happy to belong to this huge family of Friends of Barnabas. We really feel that helping hand.”

-Fernanda's Mother

Healthy Kids

Healthy Communities

Friends of Barnabas partners with 30 mountain communities to meet their self-identified health goals through clinics, health education, first aid training, assessments, and holistic support.

Clinic Enhancements

Restorative Dental Care

186 Cleanings & Fillings



New Vision System



We can now make glasses on-site to match a patient's exact prescription, even if each eye needs a different strength lens!

Education in Action



Nationwide, Honduras saw a **445%** increase in the number of dengue cases from 2023 to 2024.

In FOB's partner communities...

63%

saw a decrease in dengue cases or maintained zero cases.

Dengue, a mosquito-borne disease, struck during harvest season, which is a busy time for many families. FOB staff went door to door, teaching dengue prevention, resulting in fewer cases in these communities.



“For me it is a privilege and a great blessing to be able to organize activities that positively impact the lives of those who need it most in our communities”

-Minerva Blandon, Healthy Communities Coordinator

Healthy Communities

Healthy Honduras

The Healthy Honduras Program is committed to improving patient care and outcomes throughout Honduras by providing continuing education opportunities for the Honduran medical community.

Honduras has one of the highest infant mortality rates in Central America.

To help infants in the Neonatal Intensive Care Unit (NICU) receive the care they need, FOB taught S.T.A.B.L.E. courses through a “Train the Trainer” model.

S.T.A.B.L.E. is a leading course for training medical professionals in how to stabilize sick infants:

What is S.T.A.B.L.E.?

S ugar,
T emperature,
A irway,
B lood pressure,
L ab work, and
E motional support



“Train the Trainer”

FOB trained **12** Honduran neonatal providers as S.T.A.B.L.E. course teachers,

who then trained **77** additional medical providers in S.T.A.B.L.E. in 2024.

In total, this program has trained

over **200** medical professionals in S.T.A.B.L.E. in 3 years at 9 hospitals and clinics.



Through a Rotary International Grant, training “Charlie” dolls and other teaching resources were provided to the S.T.A.B.L.E. trainers.

“Train the Trainer” is a sustainable and impactful program because the education is now led by Honduran professionals year-round.

Healthy Honduras

Heal. Educate. Empower.

Contact Us

 P.O. Box 4804
Midlothian, VA 23112

 (804) 744-5624

 info@fobf.org

SCAN ME



www.fobf.org

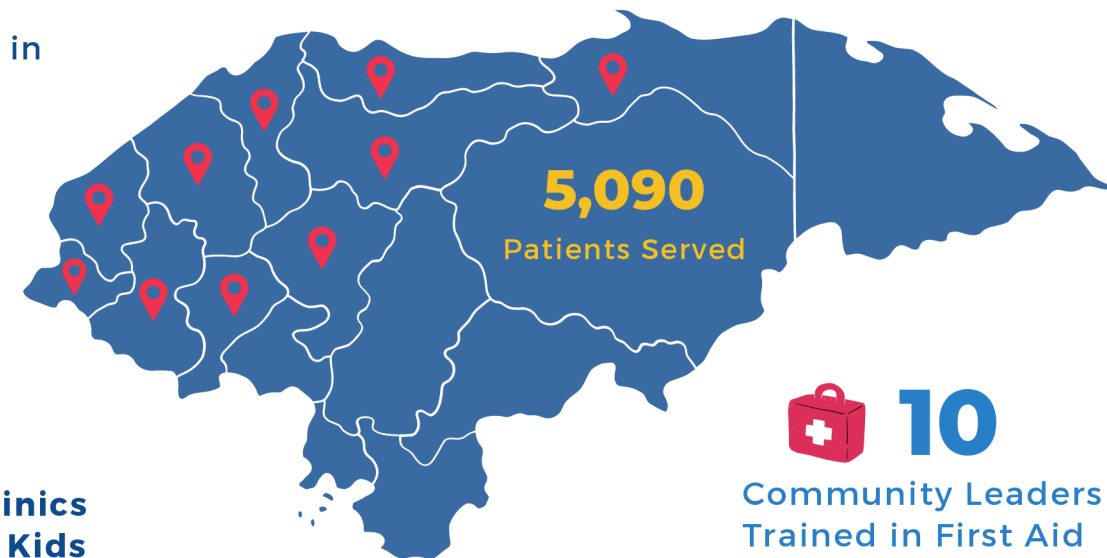


There are only 2.1 doctors per 10,000 Hondurans.
Compared to 28.2 doctors per 10,000 Americans
We tackle this healthcare need...

Patients Served in
 **10**
Departments

 **3**
Satellite Clinics
for Healthy Kids

 **43** Partnerships with
Organizations in
Honduras



50 Mountain Medical Team Clinics
Provided by 10 Teams in 30 Communities



The mission of Friends of Barnabas is to empower families
in Honduras through healthcare and education.

Message from our Leadership

When health is compromised, everything else collapses. Health is the difference between a mother watching her child grow or mourning a preventable loss. It is the difference between hope and despair. At Friends of Barnabas, we know that providing healthcare and education to Hondurans doesn't just heal individuals—it strengthens families and rebuilds communities. It empowers them! Thank you for standing with us in this mission of healing, education and empowerment. Together, we can build a healthier, stronger Honduras.

-Ruth Marie Canahuati de Sabillón,
Board Chair



As we look back on this year, we are deeply grateful for the ways God has guided and sustained us through every challenge and blessing. Together, we have navigated obstacles, celebrated victories, and deepened our commitment to our mission.

Our work this year has been a testament to the power of unity, as we have worked alongside others to uplift, support, and encourage parents, community leaders, and medical providers. We are grateful for the collaborations that have strengthened our efforts and for the many lives transformed through our collective service. Looking ahead, we remain dedicated to empowering those we serve and continuing to build strong partnerships that magnify our impact.

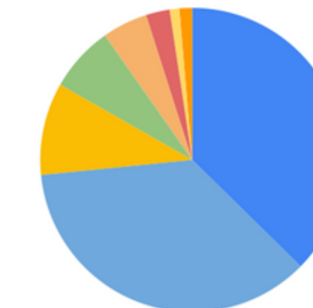
Thank you for your continued prayers, generosity, and partnership. Together, we will continue to serve, grow, and make a difference.

-Erin H. Caldwell,
President



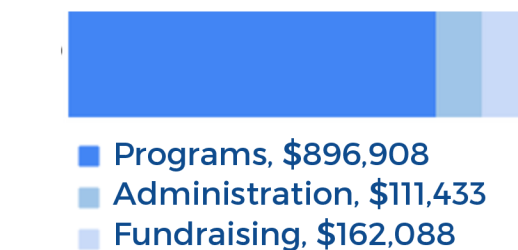
Revenue

- Teams, \$430,202
- Individuals, \$415,412
- Grants & Foundations, \$113,049
- Churches & Community Groups, \$80,938
- Events, \$55,613
- Honduran Giving, \$29,195
- Corporate, \$11,852
- Other, \$15,623



In-Kind Donations in Honduras:
\$51,925

Operating Expenses



A Partner You Can Trust

Our strong commitment to financial responsibility and accountability has earned Friends of Barnabas the highest level of transparency from Candid.

Platinum
Transparency
2024
Candid.

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